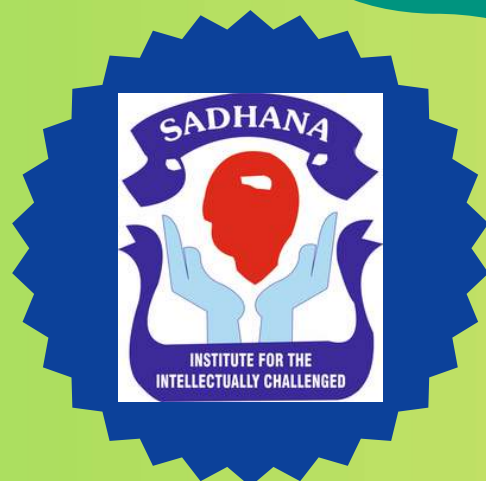




ANNUAL REPORT 2025-26

SADHANA

**SOCIETY FOR THE INTELLECTUALLY
CHALLENGED
(RESIDENTIAL INSTITUTION FOR THE
INTELLECTUALLY CHALLENGED)
(REGD AND RECOGNISED BY THE
GOVT. OF TELANGANA)**





FOREWORD FROM THE GENERAL SECRETARY

Dear Friends,

Warm greetings to all of you!

As the General Secretary of Sadhana, it gives me immense pleasure and gratitude to present the Annual Report for the year 2025-26. This report reflects our continued commitment towards empowering children and individuals with intellectual and developmental disabilities through inclusive education, therapy, vocational training, awareness programmes, and community participation.

During the year, Sadhana organized and participated in numerous meaningful activities that enriched the lives of our students and strengthened our outreach efforts. Celebrations such as World Autism Awareness Day, World Environment Day, International Yoga Day, Children's Day,

World Down Syndrome Day, and International Day of Persons with Disabilities created opportunities for awareness, inclusion, and joyful participation for our children.

Our sincere appreciation goes to Tech Mahindra Foundation, CARE Hospitals, AVEVA, GlobalData, S&P Global, Microsoft, Novartis, Tata Power Community Development Trust, LV Prasad Eye Institute, CBM India Trust, Movate, and many others who partnered with us through awareness programmes, health camps, training sessions, exhibitions, plantation drives, employee volunteering, and educational initiatives.

We were encouraged by the active support and collaboration of several corporate organizations, educational institutions, healthcare partners, volunteers, and community leaders.

Educational visits and interaction programmes by institutions such as Johnson Grammar School, SLATE – The School, CAL Public School, Woxsen University, Tech Mahindra University, Little Flower Degree College, Neelima Institute of Medical Sciences, NIEPMD Chennai, and several other schools and colleges helped foster empathy, disability awareness, and inclusive values among students and future professionals.

Our students also actively participated in sports events, cultural programmes, exhibitions, vocational activities, and community outings, where they proudly showcased their talents, creativity, confidence, and determination.

The inauguration of the new Skill Development Centre, outdoor gym, and play area further strengthened our efforts towards holistic development and vocational empowerment.

Your donation, no matter how big or small, will make a significant impact. It will bring smiles to the faces of our students, ignite their aspirations, and provide them with the tools they need to succeed. Your contribution will be a powerful investment in the future, not just of our students, but of a society that values diversity and inclusivity.

We remain deeply thankful to our donors, volunteers, parents, well-wishers, staff members, executive committee members, and partner organizations whose trust, encouragement, and unwavering support continue to strengthen Sadhana's mission.

Together, we continue to move forward in building a more inclusive, compassionate, and empowered society for children with intellectual disabilities.

With heartfelt gratitude,

Mr. Madhusudhan Reddy
General Secretary, Sadhana



ABOUT US

Sadhana is a non-profit, voluntary organization committed to the welfare of individuals with intellectual challenges. Founded in 1996, our institute is located in Nacharam, Hyderabad, Telangana, India. Led by a dedicated team of professionals passionate about the well-being of the intellectually challenged, we provide comprehensive day-care and residential services for boys and girls with intellectual disabilities.



ORIGIN

In 1996, a group of like-minded professionals united with the purpose of establishing a registered society focused on delivering education, training, and rehabilitation services for individuals with intellectual disabilities.

VISION

Our vision is to ensure that individuals with intellectual disabilities are afforded the same quality of life as their fellow citizens. We strive for their independence, promoting maximum community integration.



MISSION

Through professional interventions and support, we empower individuals with intellectual disabilities to access comprehensive rehabilitation services, including education, therapy, vocational training, employment assistance, and social and cultural activities.

GOAL

Our goal is to serve as a resource center dedicated to protecting rights, ensuring equal opportunities, and facilitating the full participation of individuals with intellectual disabilities.





SCHOOL & HOSTEL- ACTIVITIES

Introduction

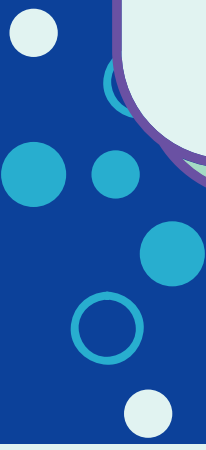
The present strength of Sadhana Institute is 93, of which 51 students are boarders and 42 are day scholars. We are dedicated to providing specialized education and behavior modification techniques to empower intellectually challenged children. Our interdisciplinary team of educators offers services such as physiotherapy, speech therapy, music therapy, and yoga therapy to enhance their overall development.

Creating a Safe and Supportive Environment



Sadhana Institute takes pride in being one of the few institutions in the region that runs a year-round hostel for intellectually challenged children. Understanding the unique needs of these children, we provide an efficient and well-maintained hostel that serves as a safe haven. Parents trust us to provide a congenial living environment where their children can thrive, learn, and grow.

Special Education and Vocational Training



Our organization is committed to providing quality special education to intellectually challenged children. Our well-trained and qualified staff employ various teaching methodologies and vocational activities like diya making, photo frame making, paper-cup and bag making, and gardening. These activities instill confidence in the children, helping them develop essential life skills and empowering them to face challenges with satisfaction.

SCHOOL & HOSTEL- ACTIVITIES

Holistic Development and Achievements

Throughout the academic year, our students have shown remarkable progress across various domains. Academic skills have improved, ranging from scribbling to letter copying, alphabet writing, and reading. Speech therapy sessions have enabled students to develop their communication skills, progressing from vocalization to phonemes and eventually to sentence construction. Physiotherapy and occupational therapy have contributed to improved motor skills and independent mobility.

Personalized Approach and Goal Setting

This year, we began with fresh academic and rehabilitative goals for our students. Special educators were assigned groups based on individual assessment scores, allowing for tailored support and guidance. Academic schedules and concepts were explained to educators, ensuring effective daily sessions. Intervention services were meticulously planned and executed to maximize the impact on each student's progress.

Engaging Activities and Vocational Skills

At Sadhana Institute, we believe in a well-rounded education that includes recreational and vocational activities. Students enthusiastically participated in singing, dancing, and a variety of craft-making endeavors. Notably, our students excelled in making 8000 beautifully decorated diyas, which received high praise at various events and exhibitions. Through field activities and gardening, students learned about the process of germination, nutrition, and the importance of including vegetables in their diet.



SCHOOL & HOSTEL- ACTIVITIES

Technology and Physical Development

As part of our commitment to their holistic development, we provided computer training to ten students, equipping them with valuable digital skills. Additionally, our students engaged in cycling lessons, which improved their balance, speed control, and neuro-motor coordination.

We are immensely proud of the progress and achievements of our intellectually challenged students. With the continuous support of our dedicated staff, volunteers, donors, and corporate partners, Sadhana Institute will continue to provide a nurturing environment where these children can reach their full potential and lead fulfilling lives.

Thank you for your unwavering support!

EVENTS & ACTIVITIES

World Autism Awareness Day Celebration

On 2nd April 2025 at Sadhana Institute for the Intellectually Challenged, Hyderabad, World Autism Awareness Day was celebrated to create awareness and promote acceptance and inclusion of children with autism and intellectual disabilities. Students, teachers, staff members, and parents actively participated in the programme. The event highlighted the importance of early intervention, special education, and community support in empowering children with developmental disabilities.



Eye Camp Conducted by Unicorn Cares

On 5th April 2025 at the Sadhana campus, Unicorn Cares Company organized a free eye camp for students and staff members. The initiative aimed at identifying vision-related issues among children with disabilities and promoting preventive eye care. Employees of the company also participated in beautification activities by painting classroom benches and walls, creating a cheerful learning environment for the children.



EVENTS & ACTIVITIES

Sanitization Awareness Programme by CARE Hospitals

On 9th May 2025, doctors and staff members from CARE Hospitals conducted a sanitization and hygiene awareness programme at Sadhana Institute, Hyderabad. The session educated students and staff about personal hygiene, sanitation practices, and preventive healthcare measures. The programme significantly helped in promoting healthy habits among children with intellectual disabilities.



Unicorn Cares Company – Eye Camp & Volunteer Support

On 5th April 2025, Unicorn Cares conducted an eye camp for the students and staff members at Sadhana Institute, Hyderabad. Company employees also volunteered by painting classroom benches and walls, helping create a more vibrant and child-friendly learning environment for children with intellectual disabilities.



World Environment Day Plantation Programme

On 5th June 2025, World Environment Day was celebrated at Sadhana Institute through a plantation drive involving students, staff, volunteers, and guests. Mrs. Anuradha Gunupati Garu, Founder and Trustee of Reddy's Foundation, participated in the programme and encouraged environmental responsibility among the children. The activity helped students understand the importance of nature conservation and sustainability.



EVENTS & ACTIVITIES

Visit by Woxsen University Professors

On 5th June 2025, professors from Woxsen University visited Sadhana Institute, Hyderabad, and interacted with the management and staff members. The visit focused on understanding the needs of children with intellectual disabilities and exploring opportunities for collaboration, awareness, and community engagement.



International Yoga Day Celebrations

On 21st June 2025, International Yoga Day was celebrated at Sadhana Institute with active participation from students, teachers, and staff. Yoga sessions were conducted to improve physical fitness, concentration, emotional balance, and overall well-being among children with special needs. The programme highlighted the therapeutic benefits of yoga for children with intellectual and developmental disabilities.



NEPID International Yoga Day Programme

On 21st June 2025, twenty students from Sadhana participated in the International Yoga Day programme organized by NEPID at Kanha Shanthivanam, Secunderabad. The event was attended by Shri Veerendra Kumar, Hon'ble Minister of Social Justice and Empowerment. The programme provided students with exposure to large-scale public participation and promoted inclusion and confidence-building.



EVENTS & ACTIVITIES

Inauguration of Skill Development Centre & Outdoor Gym

On 22nd June 2025, Sadhana Institute inaugurated a new Skill Development Centre along with an outdoor gym and play area for children with intellectual disabilities. The initiative was introduced to improve vocational training, gross motor skills, physical fitness, and recreational opportunities for the students, thereby supporting their holistic development and independence.



Workshop on Behaviour Modification

On August 9, 2024, the Lions Club of Hyderabad conducted a general health camp at Sadhana for the benefit of our students. A team of medical professionals carried out health check-ups, offered consultations, and provided essential health advice to caregivers. The initiative helped in early detection of health concerns and reinforced the importance of regular medical care for children with special needs.



Disability Awareness Programmes at Anganwadi Centres

During the year, Sadhana staff conducted disability awareness programmes at various Anganwadi Centres in Medchal-Malkajgiri District. The programmes aimed at educating community workers and parents about early identification of developmental disabilities, inclusive practices, and the importance of special education and rehabilitation services.



EVENTS & ACTIVITIES

AVEVA Volunteers' Engagement Programme

On August 19, 2024, Rakshabandhan was joyfully celebrated at Sadhana Institute, highlighting the bond of love and protection among the students. The girls tied rakhis to their classmates and staff members, symbolizing care and mutual respect. The event fostered emotional connection, inclusivity, and cultural understanding among the children, creating a warm and festive atmosphere throughout the campus.



Educational Visit by Johnson IBDP School Students

On 19th July 2025, students from Johnson IBDP School visited Sadhana Institute as part of an educational and awareness programme. The visiting students were sensitized about intellectual disabilities and inclusive practices. The interaction promoted empathy, social inclusion, and awareness among mainstream school students.



Awareness Visit by SLATE – The School Students

On 24th July 2025, around 250 students from SLATE – The School, Ameerpet Branch, visited Sadhana Institute, Hyderabad. The students were given orientation and awareness sessions about disabilities, inclusion, and respectful interaction with children with special needs. The programme helped create greater sensitivity and social awareness among young students.



Outing Programme Organized by Tata Power Community Development Trust

On 27th July 2025, students from Sadhana were taken for the movie "Tanvi the Great" through a programme organized by Tata Power Community Development Trust. The outing provided recreational exposure and social interaction opportunities for the students, contributing to their emotional well-being and community participation.



EVENTS & ACTIVITIES

Exhibition of Student-Made Products at Global Data

On 6th August 2025, products prepared by Sadhana students through vocational training programmes were displayed at an exhibition organized at Global Data Private Limited, Kondapur. The exhibition provided students with an opportunity to showcase their skills and encouraged confidence, employability, and public appreciation for the abilities of children with intellectual disabilities.



Raksha Bandhan Celebrations

On 9th August 2025, Raksha Bandhan was celebrated at Sadhana Institute with enthusiasm and participation from students and staff. The celebration promoted cultural values, emotional bonding, and social participation among children with special needs.

Teachers' Day Celebrations

On 5th September 2025, Teachers' Day was celebrated at Sadhana Institute to honour the dedication and service of special educators and staff members. The management felicitated the teachers for their commitment towards empowering children with intellectual disabilities through education and care.



EVENTS & ACTIVITIES

S&P Global Volunteer Plantation Drive

On 15th September 2025, employees from S&P Global volunteered at Sadhana Institute and participated in a plantation drive with students and staff. The programme promoted environmental awareness and employee engagement with the disability sector.



Microsoft Team Visit – Speech Therapy Technology Demonstration

On 17th September 2025, representatives from Microsoft visited Sadhana Institute and demonstrated robotic technology solutions for speech therapy and communication support for children with disabilities.



TMF Stranger Awareness Session

On 12th November 2025, Tech Mahindra Foundation conducted a Stranger Awareness session for children at Sadhana Institute to educate students about personal safety, social awareness, and protective behaviours.



EVENTS & ACTIVITIES



Eco-Friendly Ganesh Idol Making Activity

On 6th September 2025, students of Sadhana participated in making eco-friendly Ganesh idols using environmentally sustainable materials. The activity promoted creativity, vocational learning, environmental awareness, and cultural participation among the students.

Awareness Session at Novartis on Patient Safety

On 15th September 2025, staff members from Sadhana attended an awareness session organized by Novartis on World Patient Safety Day and Pediatric Patient Safety. The programme provided valuable knowledge on healthcare safety practices, child care standards, and patient well-being.



Behaviour Modification and Task Analysis Session by Dr. Sonali

On 18th September 2025, Dr. Sonali, Psychologist, conducted a training session on Behaviour Modification and Task Analysis for Sadhana staff members. The workshop enhanced the professional skills of special educators and therapists in addressing behavioural and developmental challenges among children with disabilities.

EVENTS & ACTIVITIES

Bathukamma Festival Celebrations

On 22nd September 2025, Bathukamma Festival was celebrated at Sadhana Institute with participation from students, teachers, and parents. The event promoted cultural awareness, community participation, and joyful engagement among children with intellectual disabilities.



Diya Exhibition at TMF Info City Campus

From 13th to 17th October 2025, Sadhana students participated in a Diya Exhibition at TMF Info City Campus, Hyderabad. The exhibition showcased handmade products prepared by the students as part of vocational training activities, encouraging creativity, confidence, and livelihood skills.

Children's Day Celebrations

On 14th November 2025, Children's Day was celebrated at Sadhana Institute in the presence of guests Swathi CDPO and Bhagyalakshmi Supervisor. Various cultural and recreational activities were organized for the students, creating a joyful and encouraging environment for the children.



EVENTS & ACTIVITIES



District Sports Participation and Medal Achievement

On 26th November 2025, twenty students from Sadhana participated in District Sports competitions and won medals in various events. The achievement reflected the students' determination, physical abilities, and the institution's commitment towards sports and inclusive participation.

International Day of Persons with Disabilities Celebration

On 3rd December 2025, International Day of Persons with Disabilities was celebrated at Sadhana Institute with a rally conducted in the Nacharam Industrial Area. Students, staff, and community members participated in the awareness rally to promote inclusion, dignity, equal rights, and social acceptance of persons with disabilities.



Republic Day Celebrations

On 26th January 2026, Republic Day was celebrated at Sadhana Institute with patriotic fervour. Students participated in flag hoisting, cultural programmes, and patriotic performances, encouraging national pride and social participation among children with intellectual disabilities.

Christmas Celebrations

On 25th December 2025, Christmas was celebrated with joy and enthusiasm at Sadhana Institute. Students from Johnson Grammar School also participated in the celebrations along with Sadhana students and staff. The programme promoted togetherness, happiness, and inclusive festive participation.



EVENTS & ACTIVITIES

Eye Camp by LV Prasad Eye Institute and CBM India Trust

On 6th February 2026, a comprehensive eye camp was organized at Sadhana Institute by LV Prasad Eye Institute, Movate, and CBM India Trust. The camp provided eye screening and consultation services to students and beneficiaries, contributing to improved healthcare support for children with disabilities.



NIEPMD Chennai Educational Exposure Visit

On 26th March 2026, students from NIEPMD visited Sadhana Institute as part of an educational and disability rehabilitation exposure programme. The visiting special education students interacted with beneficiaries and observed inclusive education practices followed at the institution.

Parents Meeting

On 25th March 2026, a Parents Meeting was organized at Sadhana Institute to discuss student development, therapy interventions, vocational training progress, and future planning for the children.



ACKNOWLEDGEMENTS

We extend our heartfelt gratitude to:

Tech Mahindra Foundation: We sincerely thank TMF for their continued partnership and support through training sessions for special educators, AI learning programmes, awareness initiatives, exhibitions at TMF Info City Campus, student exposure visits, and client interactions that enriched the learning environment for our children and staff.

CARE Hospitals: We appreciate the doctors and staff for conducting a sanitization and hygiene awareness programme, promoting healthy habits and preventive healthcare among our students.
Unicorn Cares: Our sincere thanks to the employees and volunteers for organizing an eye camp for our students and supporting beautification activities within the campus.

AVEVA: We thank the volunteers for conducting games and recreational activities and distributing gifts that brought joy and encouragement to our children.

Tata Power Community Development Trust: We are grateful for organizing a memorable outing programme for our students, giving them an opportunity for recreation and social participation.

GlobalData: We appreciate the organization for providing a platform to exhibit products made by our students, encouraging vocational development and confidence building.

Novartis: We thank Novartis for organizing an awareness session on World Patient Safety Day and Pediatric Patient Safety, helping our staff enhance their knowledge and caregiving practices.

S&P Global: We extend our gratitude to the employees who volunteered at Sadhana and participated in a plantation drive with our students, promoting environmental responsibility and inclusion.

Microsoft: We appreciate the Microsoft team for visiting Sadhana and introducing innovative robotic technology solutions for speech therapy and communication support.

LV Prasad Eye Institute, Movate and CBM India Trust: We thank these organizations for conducting a comprehensive eye camp and supporting the healthcare needs of our students.

Woxsen University, Tech Mahindra University, Swayam Krushi, Little Flower Degree College, Neelima Institute of Medical Sciences, Thakur Hari Prasad Institute, NIEPMD Chennai, and Indian Institute of Medical Sciences Bibinagar: We express our sincere appreciation to these institutions for visiting Sadhana, participating in awareness and educational programmes, and encouraging inclusive learning and social understanding.

Johnson Grammar School, SLATE – The School, CAL Public School, Sadhu Vaswani School, and other educational institutions: We thank the students, teachers, and management for visiting Sadhana and engaging meaningfully with our children through educational tours, interaction

ACKNOWLEDGEMENTS

and disability awareness initiatives that promoted empathy and inclusion.

NEPID: We are grateful for providing our students the opportunity to participate in the International Yoga Day celebrations at Kanha Shanthivanam, promoting physical and emotional well-being.

The Hans Foundation: We thank the organization for providing our students an opportunity to participate in cultural programmes conducted on the occasion of International Day of Persons with Disabilities.

Craftizen Foundation: We appreciate their support and collaboration during the National Petalists Day celebrations organized at our campus.

Sathya Sai Samithi: We extend our gratitude for conducting a dental camp and promoting oral health awareness among our students.

Mrs. Anuradha Gunupati Garu, Founder and Trustee of Reddy's Foundation: We thank her for participating in the World Environment Day plantation programme and encouraging environmental awareness among our students.

Swathi CDPO, Bhagyalakshmi Supervisor, Kesara RDO officials, District Welfare authorities, Anganwadi Workers, and other government representatives: We deeply appreciate their visits, encouragement, and support towards disability awareness and inclusive development initiatives.

Teaching and Non-Teaching Staff: Our sincere thanks for their dedication, compassion, patience, and tireless efforts in nurturing and empowering our students every day.

Parents and Guardians: We deeply value their trust, continuous support, and active involvement in the growth, education, and well-being of their children.

Executive Committee Members: We express our heartfelt gratitude for their constant guidance, encouragement, and commitment towards the mission and development of Sadhana.

All Other Donors, Supporters, Volunteers, and Well-Wishers: To everyone who contributed their time, expertise, resources, and encouragement, we offer our sincere gratitude. Your support has played a vital role in creating a nurturing, inclusive, and empowering environment for our children.

We apologize if we have unintentionally missed anyone. Your support and encouragement continue to inspire and strengthen our journey towards inclusion, dignity, and empowerment for children with intellectual disabilities.

With heartfelt gratitude,
Mr. Madhusudhan Reddy
General Secretary, Sadhana



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